

Light Cuisine

Buen Provecho ... To Your Health!

Avila's El Ranchito creates these dishes for those who want to eat light. Methods of preparation are lean in calories but not on flavor!



*Indicates these items are prepared
Buen Provecho style.*

- ♥ **Frijoles Frescos** - fresh beans flavorfully seasoned but not fried.
- ♥ **Lite Cilantro Lime Dressing, Low-fat Cheese**

♥ **Enchiladas Especiales** - just let us know, we'll prepare your enchilada Buen Provecho style.

♥ **Grilled Fiesta Platter**16
Fresh seasonal vegetables grilled with your choice of sliced chicken or steak. Served with black beans. Great for low carb diets!

♥ **Light Enchiladas**14
Two chicken enchiladas specially prepared using low-fat cheese. Served with a green salad and a flavorful lite cilantro-lime dressing. Salsa tomatillo or traditional enchilada sauce.
Lean on calories but not on flavor!

Ensaladas

♥ **Fajita Salad**14
Your choice of chicken or steak, sautéed with fresh bell peppers, onions, mushrooms, and tomatoes. Cooked to perfection, served over a bed of lettuce and Frijoles Frescos.

With large wild caught Mazatlan Shrimp add 4

Grilled Chicken Salad 14
Spicy grilled chicken, lettuce, tomatoes, cheese and avocado. Absolutely delicious! BBQ style upon request.

Taco Salad 14
Crisp flour tortilla shell with tossed green salad. Your choice of seasoned ground beef, shredded beef or chicken. Lavished with chopped tomatoes, shredded cheese, beans, guacamole and sour cream.

Azteca Chicken Salad 14
Chunks of charbroiled chicken lightly tossed with cilantro-lime, red and green peppers, black beans and corn. Served on a bed of crisp green salad and topped with Mexican tortilla crouton strips.

♥ **Light Tostada** 13
Lean on calories but not on flavor. Tender seasoned chicken, tomatoes and low-fat cheese, topped on a mound of shredded lettuce. Lite dressing upon request.

Tostadas
Choice of shredded chicken, beef, pork or guacamole. Served with lettuce, tomatoes, cheese and sour cream or guacamole.

Guacamole 12.5
Chicken or Beef 14
Carnitas (pork) 15

**Fresh vegetable grill includes:
mushrooms, zucchini, onions
and a dash of special spices.*

Antojitos

Avila's Guacamole 10
A chunky blend of ripe avocados, tomatoes, and onions brought to life with a touch of garlic and fresh lime.

Nachos Ranchito 11
A large platter of nachos topped with sour cream and guacamole. Our Salsa Ranchera makes our nachos very special. Add shredded beef or chicken for 1

Tortilla Tacos

HAND-MADE

Authentic soft tacos made with fresh with handmade tortillas. Served with rice and beans or ♥ Frijoles frescos and salad.
All choices 14.5

♥ **Chicken Tomatillo Tacos**
Grilled chicken in tomatillo Ortega sauce.

♥ **Chicken Fajita Tacos**
Spicy grilled chicken, bell peppers, onion, tomatoes and guacamole.

Carnitas Tacos
Chunks of lean marinated pork - tender and juicy. Served with fresh cilantro, chopped tomato, salsa and guacamole.

Carne Asada Tacos
Tender strips of steak cooked in an authentic Mexican manner. Served with fresh cilantro, chopped tomato, salsa and guacamole.

Baja Fish Tacos
Grilled fish, fresh lime, tartar sauce & cabbage.

Vegetarian

Vegetarian Fajitas 14.5
Mushrooms, zucchini, bell peppers, tomatoes and onions served sizzling on a skillet. Served with ♥ Frijoles frescos, salad, and your choice of tortillas.

Vegetarian Quesadilla 13.5
Flour tortilla grilled with jack cheese, fresh vegetable grill*, sour cream, and guacamole.

Veggie Azteca Burrito 14
Vegetarian burrito filled with fresh vegetable grill* and ♥ Frijoles frescos. Smothered in Salsa Ranchera and melted cheese Topped with sour cream.

Tacos de Papa 13.5
Crispy potato tacos seasoned with Ortega chiles and jack cheese. Served with ♥ Frijoles Frescos and salad. (Also made with handmade corn tortillas)

Caldos

ESPECIAL DE LA CASA

Avila's Soup 12.5
Fresh chicken breast and rice soup garnished with cilantro, avocado, onions and tomatoes. A meal in itself! (includes tortillas)

Avila's Soup and Salad 13.5
A bowl of our famous Avila's soup with a fresh green salad. (includes tortillas)

Tacos and Caldo 14
A cup of our famous Avila's soup served with two crispy tacos. Choice of beef or chicken.

Albondigas 12
Made fresh daily! (includes tortillas)



Botanas

Authentic Botanas - An El Ranchito Exclusive!

Served with sliced avocados, fresh tomatoes, onions, jalapenos, pico de gallo, lemon slices, warm tortillas to make your own tacos!

Botana de Camarones Al Mojo De Ajo 25

Large wild caught Mazatlan shrimp sautéed in butter and fresh garlic. A little secret gives this dish a unique taste!

Botana de Carnitas 22

Lean pork marinated with lemon and garlic, cooked until it's juicy inside and slightly crispy outside.

Botana de Pollo 22

Chicken marinated in lemon and garlic. Grilled to perfection.

Add rice and beans for 2.5

TRADITIONAL

Mexican Platillos

THESE ARE TRADITIONAL MEALS OUR FAMILY ENJOYED IN MEXICO. EACH IS SERVED WITH OUR SEASONED MEXICAN RICE, REFRIED BEANS OR FRIJOLES FRESCOS, AND WARM TORTILLAS.

Chile Verde 18

Juicy chunks of pork simmered until perfectly tender in a mildly spiced sauce with tangy bell peppers, tomatoes and onions.

Chile Colorado 18

Strips of steak simmered to perfection in a tasty red chile salsa.

Carnitas 18

Delicious chunks of lean pork marinated in lemon and garlic. Cooked until it's tender and juicy on the inside and slightly crispy outside. Perfect with our tasty guacamole.

Carne Asada 20

Tender slices of steak cooked in an authentic Mexican manner.

Camarones Al Mojo de Ajo 21

Tempting shrimp sauteed in butter and garlic. A little family secret gives this dish a deliciously unique taste.

Carne Asada & Camarones al Mojo de Ajo 21

Our perfectly prepared Carne Asada in a winning combination with our delicious wild caught Mazatlan shrimp sauteed in butter and garlic.

Fajitas 19

Thin strips of marinated chicken or beef, grilled with onions, bell peppers, and tomatoes, served sizzling on a skillet. Served with rice, beans and tortillas.

Pollo Asada 17

Chicken breast grilled and accented with a delicious salsa Ortega. Served with Frijoles frescos and a salad.

Pepe's Special (Asada Encebollada) 20

Tender strips of rib eye steak served on a skillet of grilled onions. Accompanied by tasty chile negro. Served with hot tortillas to make your own steak tacos!

Chicken and Mole 18

Chicken breast simmered in Mamá Avila's Mole sauce. Absolutely Delicious!

Mole Enchiladas 16

Two enchiladas in our delicious mole sauce. Served with rice, beans, and sour cream.

Our Combinaciones bring you Mexico's favorite dishes. Served with our special Mexican rice and refried beans or Frijoles Frescos upon request.

Jalisco 13

Your choice of one of the following: A shredded beef, ground beef or chicken taco, cheese enchilada, or chicken tamale.

Oaxaca 14

Our specialty de la casa. A fresh, fire-roasted chile stuffed with Monterey Jack cheese, dipped in egg batter and covered with Salsa Ranchera. Absolutely Delicious!

Morelos 14

Enchilada Ranchera, a chicken enchilada in our delicious Salsa Ranchera, topped with melted cheese, guacamole and sour cream.

Mazatlan 14

A chicken enchilada topped with the marvelous flavor of salsa tomatillo, melted cheese and sour cream.

Guanajuato 15.5

Your choice of any two of the following: taquito topped with guacamole, cheese enchilada, shredded beef, ground beef or chicken taco, chicken flauta or chicken tamale.

Chihuahua 16

This is the only way we could find to improve our chile relleno. Served with your choice of taquito, cheese enchilada, chicken flauta or taco.

Chile Relleno 14.5

A fresh grilled pasilla chile stuffed with fresh *vegetable grill and sprinkled with jack cheese. Served with rice and Frijoles Frescos. Add chicken 15.5

THE AVILA FAMILY'S

Favorites

Our favorite is Mexican cooking made even better by special touches from the Familia Avila. We all helped out on these so you know they'll be muy sabrosos!

All choices 14

Quesadilla Avila

A grilled flour tortilla filled with Monterey Jack and cheddar cheeses and your choice of ground beef, shredded beef or shredded chicken. Served with guacamole, and sour cream.

Chimi-Changas

A crispy burrito stuffed with beef, chicken or chile verde and beans and topped with a special sauce, and sour cream. Served with rice.

Mayan Treasure

Chicken and rice burrito smothered in our tasty tomatillo sauce, melted cheese, and sour cream.

Chicken Quesadilla

Grilled chicken breast, cheese, and Ortega chiles, served with guacamole, and sour cream.

Azteca Burrito

Either chile verde, shredded beef, or chicken and beans wrapped in a big flour tortilla. Lavished with Salsa Ranchera, melted cheese and tasty guacamole.

Chingolingas

A rolled up flour tortilla stuffed with chicken and cut into finger-sized pieces. Served with guacamole, sour cream and rice or beans.



A La Carte

Chile Relleno 8.5

Fresh roasted chile stuffed with cheese, covered with Salsa Ranchera.

Enchilada 6.5

Chicken, shredded beef or cheese with your choice of sauces.

Tacos

Shredded Beef, Ground Beef or Chicken 6

Carnitas or Carne Asada 6.5

Taquitos 8

Two chicken or shredded beef taquitos served with guacamole.

Flautas 8

Two crisp flour tortillas filled with chicken and served with guacamole.

Avila's Burger & Papas12.5

A juicy hamburger topped with fresh avocado, tomato, onion, and lettuce on a toasted bun. Served with curly fries.

Ninos Y Abuelitos

Kids 8

For children 12 and under.

Your choice of a taco, enchilada, burrito, taquito, quesadilla or chicken tenders.

Includes rice and beans with cheese or French fries.

Apple juice, Cranberry juice, Orange juice, or Pineapple juice add 1

Seniors 11

For seniors 65 and over.

Your choice of a taco, enchilada, or taquito.

Includes rice and beans.

GRATIS

Salones de banquetes para Bodas, XV Años, Bautizos o Cualquier Evento Social.

BANQUET ROOMS

Let El Ranchito make your next party a fiesta! Private complimentary rooms available.

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AVILÁS EL RANCHITO-SANTA ANA

Huevos Platillos

Huevos Rancheros 13

Two large ranch eggs, grilled over easy and served on a corn tortilla, topped with Salsa Ranchera and melted cheese.

Quesadilla Egg-celente 13.5

A giant flour tortilla stuffed with scrambled eggs, cheese, avocado, Ortega Chiles and tomatoes. Garnished with guacamole and sour cream. Served with rice and beans.

Machaca 13.5

Shredded beef mixture with scrambled eggs, bell pepper, onion and tomatoes. But for a new taste, you may order chicken instead of beef.

Chorizo con Huevos 13.5

Farm fresh eggs, scrambled with authentic mildly spiced Mexican sausage.

Mexican Chilaquiles 12.5

Corn tortilla strips sautéed in a spicy toasted red chile and garlic sauce. Served with two fresh eggs any style.

Desserts

Flan Rich caramel custard 7.5

Fried Ice Cream Crispy coated ice cream topped with chocolate syrup and whipped cream 9

Churros Cinnamon-sugar covered pastry sticks with warm strawberry filling. Served with vanilla ice cream topped with chocolate syrup and whipped cream 9

Bunuelitos de Mexico Crisp little Mexican pastries lavished with rich honey and cinnamon, then topped with ice cream and peaches 10.5

Beverages

Coffee, Iced Tea, Hot Tea & Soft Drinks

Complimentary refills

We proudly serve Coke products

Non-Alcoholic Drinks

Acapulco Cooler (Cranberry, Orange, Fresh Lime)

Vallarta Cooler (Pineapple, Orange, Splash of 7-Up)

Fresh Fruit Margaritas & Daquiris • Strawberry Coladas

O'Douls • Milk • Horchata • Jamaica • Tamarindo

ALL OF OUR FOOD MAY BE PREPARED TO GO

WE USE TRANS FAT FREE OIL.

Sales tax will be added to retail prices on all taxable items. We reserve the right to refuse service to anyone. Not responsible for lost or stolen items. AN 18% gratuity will be added to bill for parties of 8 or more.

Corona Del Mar • Costa Mesa • Huntington Beach

Huntington Park • Laguna niguel • laguna beach

Lake Forest • Orange • Newport Beach

san clemente • Santa Ana

