

# LUNCH MENU

## Favoritos of the Avila's

### **Quesadilla Avila \$8.49**

A flour tortilla grilled with Monterrey jack and cheddar cheese and your choice of ground beef, shredded beef or chicken.  
*Add \$2.50 for Shrimp*

### **Chingolingas \$8.49**

A crisp flour tortilla pastry stuffed with chicken. Cut into finger sized pieces and served with sour cream and guacamole. Your choice of rice or beans.

### **Quesadilla Cuernavaca \$9.29**

Large flour tortilla grilled with Monterrey jack cheese, **charbroiled chicken breast** grilled onion, and Ortega chiles, Finished with a touch of salsa tomatillo.

### **Azteca Burrito \$8.49**

Your choice of chile verde, shredded beef or chicken wrapped in a big flour tortilla with beans. Covered with Salsa Ranchera, melted cheese and sour cream.

### **Mayan Treasure \$8.49**

Chicken and rice burrito smothered in our tasty salsa tomatillo, melted cheese and sour cream.

### **Fajitas \$10.99**

Thin strips of marinated chicken or steak, grilled onions, bell peppers and tomatoes. Served with rice, beans and hot tortillas.



## Combinaciones



**Create your own combo of Mexico's favorite dishes.**

*Served with beans and cheese and Mexican rice.*

**One Item Combo \$8.49**

**Two Item Combo \$9.99**

### **Crispy Taco**

Traditional crispy taco filled with shredded beef or chicken and stuffed with shredded lettuce, chopped tomato salsa and cheese.

### **Taquito with Guacamole**

Crisp corn tortilla rolled and stuffed with shredded beef or chicken and topped with guacamole.

### **Enchilada Ranchera**

Enchilada Ranchera! Your choice of chicken, cheese or beef. Topped with melted cheese and sour cream.

### **Cheese Enchilada**

Melt-in-your-mouth cheese enchilada covered in traditional Salsa Roja.

### **Enchilada Tomatillo**

Chicken Enchilada covered with the tasty green Tomatillo Salsa and melted cheese. Topped with sour cream.

### **Chile Relleno**

Fresh fire-roasted chile Ortega stuffed with Monterrey jack cheese, dipped in egg batter and covered with Salsa Ranchera.

### **Beef or Chicken Tamale**

Succulent chunks of beef or chicken stuffed in corn meal masa. Traditionally wrapped and cooked in dried corn husks.

### **Beef or Chicken Flauta**

Tender shredded beef or chicken rolled into crisp flour tortilla "flute". Topped with sour cream

## Soft Taco Combinaciones

**We specialize in authentic soft tacos made with handmade tortillas.**

*Served with Rice and Beans with Cheese, Frijoles Negros, or Frijoles Frescos.*

**One Taco Combo \$8.79**

**Two Taco Combo \$10.79**



**Handmade tortillas our specialty!**

*First serving of tortillas is complimentary.  
Additional tortillas \$1.99 per order.*

### **Grilled Fish or Shrimp Taco**

Spicy lime cabbage slaw, frijoles negros and rice. *Add \$1.25 per Taco for Shrimp*

### **Carne Asada Taco**

Charbroiled strips of carne asada steak. Served with Guacamole.

### **Grilled Chicken Taco**

Skinless grilled chicken prepared to perfection.

### **Carnitas Taco**

Chunks of lean marinated pork. Served with Guacamole.

### **Chicken Fajitas Taco**

Spicy grilled chicken, bell peppers, onion, and tomatoes. Served with guacamole.

**Two Soft Tacos a la Carte \$8.99**

# LUNCH MENU

## Buen Provecho To Your Health!

*Avila's El Ranchito has carefully created dishes and can use methods of preparation that are lean on calories but not on flavor.*



Indicates these items may be prepared **Buen Provecho** style.

- **Frijoles Frescos** – Fresh whole beans, flavorfully seasoned, but not refried.
- **Frijoles Negros** – Healthy black beans.
- **Enchiladas Especiales** – Just let us know and we'll prepare your enchilada **Buen Provecho** style.
- **Lite Cilantro~Lime dressing.**

## Avila Soup

Our House Specialty!  
Fresh chicken and rice soup garnished with cilantro, avocado, and fresh lime. The large size is a meal in itself.

**Medium \$ 8.49 Large \$10.29**

## Avila Soup Combo

Our famous Avila Chicken Soup, and your choice of:

- *Soft Taco* • *Crispy Taco* • *Enchilada*
- *Mini Quesadilla* • *Green Salad*

**Cup Combo \$7.99 Medium Comb \$10.29**

## Antojitos

### Guacamole Picado \$7.79

A chunky blend of ripe avocados, tomatoes and onions with a touch of cilantro, garlic and fresh lime.

### Coctel de Camarones \$11.79

Succulent shrimp, fresh squeezed lime juice, spicy cilantro and ripe avocado tossed in a tasty Mexican "coctel".

## Light Cuisine *Buen Provecho! To Your Health!*



### Lite Enchilada

Chicken enchilada specially prepared lean on calories but not on flavor!

**Salsa Tomatillo or Salsa Roja.**

Choice of two: Frijoles Frescos, Frijoles Negros, Rice, or salad.

**One Enchilada Combo \$8.49**

**Two Enchiladas Combo \$10.79**



### Lite Grilled Chicken Taco

Handmade tortilla stuffed with seasoned grilled chicken, shredded lettuce and pico de gallo. Cheese on request. Served with Rice and Frijoles Frescos.

**One Taco Combo \$8.49**

**Two Tacos Combo \$10.79**



### Burrito Fresco \$9.49

Filled with charbroiled chicken, frijoles frescos, rice, shredded lettuce, tomatoes and cheese. Garnished with guacamole.



### Azteca Chicken Salad \$9.49

Chicken marinated in Lite Cilantro~Lime. Medley of black beans, corn, and red and green peppers over crisp green salad.



### Grilled Chicken Salad \$9.49

Specially seasoned grilled chicken over fresh green salad, sliced avocados, tomatoes and cheese.



### Baja Bowl \$9.49

A healthy bowl filled with grilled chicken, Frijoles Negros and Rice. Chopped tomato salsa and freshly sliced avocado.

*Add \$2.50 for Shrimp.*



### Low Carb Fajitas \$10.99

Choice of **Chicken or Steak**, grilled with zucchini, mushrooms, bell peppers, onions and tomatoes. Served with a fresh green salad with Lite Cilantro~Lime dressing. *Add \$3.00 for Shrimp.*

### Vegi Azteca Burrito \$8.99

Burrito filled with **vegetable sauté**, and frijoles frescos. Smothered with salsa Ranchera, melted cheese and sour cream.

### Quesadilla Vegetarian \$8.99

Flour tortilla grilled with jack and cheddar cheese, filled with **vegetable sauté**, & served with guacamole and sour cream.

## Poquito a la Carte

### Tostadas

**Guacamole \$7.99**

**Beef or Chicken \$8.49**

**Carnitas \$8.99**

*Add \$2.50 for Shrimp, Steak, or Grilled Chicken.*

### Burritos

**Chile Verde & Bean \$7.29**

**Beef & Bean \$7.29**

**Chicken & Rice \$7.29**

**Beans & Cheese \$6.99**

### (2) Crispy Tacos

*Lettuce, Cheese, Pico de Gallo*

**Chicken \$7.99**

**Shredded Beef \$7.99**

**Potato \$7.99**