

LUNCH MENU

Favoritos of the Avila's

Quesadilla Avila **\$12.99**

A flour tortilla grilled with Monterrey jack and cheddar cheese and your choice of ground beef, shredded beef or chicken. Add \$2.50 for Shrimp

Azteca Burrito **\$12.99**

Your choice of chile verde, shredded beef or chicken wrapped in a big flour tortilla with beans. Covered with Salsa Ranchera, melted cheese and sour cream.

Chingolingas **\$12.99**

chicken. Cut into finger sized pieces and served with sour cream and guacamole. Your choice of rice or beans.

Mayan Treasure **\$12.99**

Chicken and rice burrito smothered in our tasty salsa tomatillo, melted cheese and sour cream.

Fajitas **\$15.99**

Thin strips of marinated chicken or steak, grilled onions, bell peppers and tomatoes. Served with rice, beans and hot tortillas.



Combinaciones



Create your own combo of Mexico's favorite dishes.

Served with beans and cheese and Mexican rice, or you may substitute grilled vegetables "Fajita Style"

One Item Combo \$12.49

Two Item Combo \$14.99

Crispy Taco

Traditional crispy taco filled with shredded beef or chicken and stuffed with shredded lettuce, chopped tomato salsa and cheese.

Enchilada Tomatillo

Chicken Enchilada covered with the tasty green Tomatillo Salsa and melted cheese. Topped with sour cream.

Taquito with Guacamole

Crisp corn tortilla rolled and stuffed with shredded beef or chicken and topped with guacamole.

Chile Relleno

Fresh fire-roasted chile Ortega stuffed with Monterrey jack cheese, dipped in egg batter and covered with Salsa Ranchera.

Enchilada Ranchera

Enchilada Ranchera! Your choice of chicken, cheese or beef. Topped with melted cheese and sour cream.

Beef or Chicken Tamale

Succulent chunks of beef or chicken stuffed in corn meal masa. Traditionally wrapped and cooked in dried corn husks.

Cheese Enchilada

Melt-in-your-mouth cheese enchilada covered in traditional Salsa Roja.

Beef or Chicken Flauta

Tender shredded beef or chicken rolled into crisp flour tortilla "flute". Topped with sour cream

Soft Taco Combinaciones

We specialize in authentic soft tacos made with handmade tortillas.

Served with Rice and Beans with Cheese, Frijoles Negros, or Frijoles Frescos.

One Taco Combo \$12.99

Two Taco Combo \$15.99



Handmade tortillas our specialty!

Grilled Fish or Shrimp Taco

Spicy lime cabbage slaw, frijoles negros and rice. Add \$1.25 per Taco for Shrimp

Carne Asada Taco

Charbroiled strips of carne asada steak. Served with Guacamole.

Grilled Chicken Taco

Skinless grilled chicken prepared to perfection.

Carnitas Taco

Chunks of lean marinated pork. Served with Guacamole.

Chicken Fajitas Taco

Spicy grilled chicken, bell peppers, onion, and tomatoes. Served with guacamole.

Two Soft Tacos a la Carte \$12.99

LUNCH MENU

Buen Provecho To Your Health!

Avila's El Ranchito has carefully created dishes and can use methods of preparation that are lean on calories but not on flavor.



Indicates these items may be prepared **Buen Provecho** style.

- **Frijoles Frescos** – Fresh whole beans. flavorfully seasoned, but not refried.
- **Frijoles Negros** – Healthy black beans.
- **Enchiladas Especiales** – Just let us know and we'll prepare your enchilada **Buen Provecho** style.
- **Lite Cilantro~Lime dressing.**

Avila Soup

Our House Specialty!
Fresh chicken and rice soup garnished with cilantro, avocado, and fresh lime. The large size is a meal in itself.

Medium \$ 10.49 Large \$13.49

Avila Soup Combo

Our famous Avila Chicken Soup, and your choice of:

- *Soft Taco* • *Crispy Taco* • *Enchilada*
- *Mini Quesadilla* • *Green Salad*

Medium Bowl Combo \$12.99

Antojitos

Guacamole Picado \$10.99

A chunky blend of ripe avocados, tomatoes and onions with a touch of cilantro, garlic and fresh lime. **Half order \$6.99**

Coctel de Camarones \$16.99

Succulent shrimp, fresh squeezed lime juice, spicy cilantro and ripe avocado tossed in a tasty Mexican "coctel".

Light Cuisine *Buen Provecho! To Your Health!*



Lite Enchilada

Chicken enchilada specially prepared lean on calories but not on flavor!

Salsa Tomatillo or Salsa Roja.

Choice of two: Frijoles Frescos, Frijoles Negros, Rice, or salad.

One Enchilada Combo \$12.49

Two Enchiladas Combo \$14.99



Azteca Chicken Salad \$13.99

Chicken marinated in Lite Cilantro~Lime. Medley of black beans, corn, and red and green peppers over crisp green salad.



Grilled Chicken Salad \$13.99

Specially seasoned grilled chicken over fresh green salad, sliced avocados, tomatoes and cheese.



Lite Grilled Chicken Taco

Handmade tortilla stuffed with seasoned grilled chicken, shredded lettuce and pico de gallo. Cheese on request. Served with Rice and Frijoles Frescos.

One Taco Combo \$12.49

Two Tacos Combo \$14.99



Baja Bowl \$14.99

A healthy bowl filled with grilled chicken, Frijoles Negros and Rice. Chopped tomato salsa and freshly sliced avocado.

Add \$2.50 for Shrimp.



Low Carb Fajitas \$15.99

Choice of **Chicken or Steak**, grilled with zucchini, mushrooms, bell peppers, onions and tomatoes. Served with a fresh green salad with Lite Cilantro~Lime dressing. *Add \$3.00 for Shrimp.*



Burrito Fresco \$13.99

Filled with charbroiled chicken, frijoles frescos, rice, shredded lettuce, tomatoes and cheese. Garnished with guacamole.

Vegi Azteca Burrito \$12.99

Burrito filled with **vegetable sauté**, and frijoles frescos. Smothered with salsa Ranchera, melted cheese and sour cream.

Quesadilla Vegetarian \$12.99

Flour tortilla grilled with jack and cheddar cheese, filled with **vegetable sauté**, & served with guacamole and sour cream.

Poquito a la Carte

Tostadas

Guacamole \$11.99
Beef or Chicken \$11.49
Carnitas \$12.99

Add \$2.50 for Shrimp, Steak, or Grilled Chicken.

Burritos

Chile Verde & Bean \$10.99
Beef & Bean \$10.99
Chicken & Rice \$10.99
Beans & Cheese \$10.99

(2) Crispy Tacos

Lettuce, Cheese, Pico de Gallo
Chicken \$11.99
Shredded Beef \$11.99
Potato \$11.99